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Mattress Care Guide

Everything you need to get the best from your mattress



Caring for your mattress

Proper maintenance is essential for prolonging the life of your mattress and ensuring you experience unparalleled comfort every night. We invite you to peruse this guide, curated to help you enjoy restful sleep for years to come.

1 Getting acquainted with your mattress

The springs and upholstery in your previous mattress are likely to have lost their resilience over time, meaning your new mattress may feel unfamiliar initially. Allow up to 30 days for your body to acclimate to this new level of comfort, and for the mattress fillings to fully settle.

Should you pair your mattress with a different base than the one tried in-store, be aware that the level of comfort and support may differ. We strongly advise against using an old base with your new mattress, as it can compromise the support, lead to premature wear, and potentially invalidate your guarantee.

2 Manoeuvring the mattress

Your new mattress contains many layers of supportive fillings, which means it requires two people for proper handling when moving the mattress. Exercise caution when lifting to prevent personal injury or damage to your mattress.

Utilise the handles to move, turn, and rotate the mattress, but bear in mind that they are not intended for carrying over long distances. If not using your mattress straight away, your mattress must be stored flat.

It is common for your mattress to experience slight compression during transit. Rest assured, it will gradually return to its natural state, within an industry-standard tolerance of +/- 2cm.

3 Ensuring adequate ventilation

Upon delivery of your new mattress, carefully unwrap it and ensure the room is well-ventilated for several hours before covering it and enjoying your first night's sleep. Mattresses with natural or foam fillings may emit a slight odour, which is completely harmless.

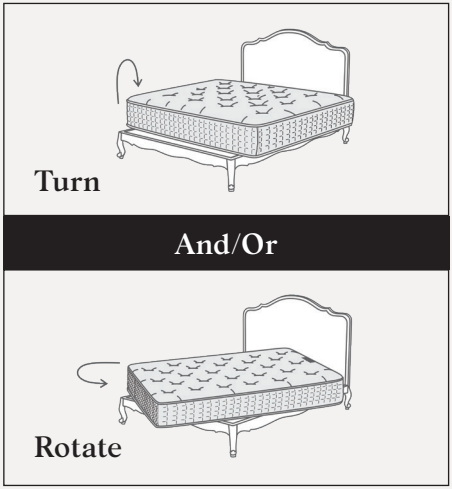
To ensure the proper dissipation of this scent, regularly loosen your bedding to promote air circulation. The odour should disperse entirely within 14 days.

4 Regularly rotating your mattress

To ensure the fillings settle evenly and to minimize any impressions, we recommend rotating and/or turning regularly.

- First 3 months
  Rotate/flip every 2 weeks
- Next 3 months
  Rotate/flip every 4 weeks
- After 6 months
  Rotate/flip every 8 weeks.

Enlist assistance when moving the mattress and remember that the handles on the side are useful for sliding it on its base, but are not intended for carrying the mattress.



5 Managing body impressions

As many people sleep in the same position each night, it is natural for body impressions, often referred to as settlement, to develop in your mattress. The internal fillings will settle around the areas where your body rests, potentially creating a ridge down the centre of the mattress. This occurrence is more noticeable with larger mattresses, but it does not affect the comfort or support provided.

For pillow-top mattresses, this effect can be more pronounced, making regular rotation crucial in the first few months to ensure even distribution of pressure across the mattress. The inherent design of pillow-top mattresses means deeper body impressions are to be expected as the mattress settles, but rest assured, your comfort will remain uncompromised.

6 Maintaining your mattress hygiene

To keep your mattress fresh, air it regularly and gently brush the surface if required. Vacuum cleaning is not recommended, as it can disturb and displace the delicate comfort fillings.

7 Advice for sleeping positions

For individuals regularly sleeping alone on a double, king, or super king mattress, we recommend varying your sleeping positions regularly. By alternating between each side and the middle of the mattress often, you will minimise settlement, maintaining optimal support and comfort levels.

8 Protecting your mattress

Enhance the longevity of your mattress by investing in a high-quality mattress protector. Not only does this safeguard against general wear and tear, but it also provides protection against marks and stains, preserving the pristine appearance of your mattress for years to come.

Scan the QR code to access the care guides

To keep your mattress in exquisite condition, we advise against the following:

- Bending, rolling, or folding your mattress, as this can result in serious damage to the spring unit, fillings, and overall structural integrity.
- Removing the mattress fire resistance labels or base labels, as these are essential for identifying your guarantee.
- Engaging in activities such as jumping or standing on your bed, as this can cause damage to both the mattress and the base.
- Prolonged lounging on the edge of your mattress, as it may compromise edge support.

And do remember:

- Your mattress is meticulously crafted to evenly distribute weight across its surface during sleep, ensuring optimal support. Your co-operation in caring for your mattress will only extend its inherently supportive properties.
- At the point of delivery, we will responsibly dispose of all mattress packaging for proper recycling. Should you wish to retain the packaging, please consult your local recycling centre for guidance on the most suitable recycling method.

Sleep with peace of mind

At Feather & Black, we believe that thoughtful design goes hand in hand with thoughtful values. We're continually working to reduce our environmental impact as part of our commitment to become net zero by 2040.

Packaging

All plastic packaging used in our exclusive collection of Feather & Black mattresses is crafted to be fully recyclable.

Recycling

All our waste is recycled or converted into energy recovery. When it's time to part ways with your old bed, our recycling service helps you do so responsibly.

Zero landfill

We're proud that nothing we handle goes to landfill, and we're always seeking ways to reduce our waste.

Manufacturing Guild Mark
Awarded by The Furniture Makers' Company

nbf NATIONAL BED FEDERATION MADE BY AN APPROVED MEMBER

NBF PLEDGE FOR OUR PLANET

* Accreditations apply to selected manufacturing partners only.

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